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**PLEASE CALL 310.914.7336 OR FAX 310.914.7326 TO SCHEDULE AN APPOINTMENT. OPEN SATURDAYS.**

Appointment Date \_\_\_\_\_ Appointment Time \_\_\_\_\_

Patient Name \_\_\_\_\_ Phone # \_\_\_\_\_

Prior corresponding studies at \_\_\_\_\_  
*(Please have patient bring or send us prior studies and reports)*

Report to additional physician(s) \_\_\_\_\_

Clinical History/Diagnosis \_\_\_\_\_

Referring Physician \_\_\_\_\_

Referring Physician Signature \_\_\_\_\_ Date \_\_\_\_\_

Phone # \_\_\_\_\_ Fax # \_\_\_\_\_

**MRI with 3D Image Rendering**

*Please be sure to mark one of these two choices:*

- Radiologist to determine need regarding IV Contrast administration and/or MR Angiography
- No IV Contrast desired by referring physician — reason: \_\_\_\_\_

Area of Exam \_\_\_\_\_

Special Instructions \_\_\_\_\_

**CT with 3D Image Rendering**

*Please be sure to mark one of these two choices:*

- Radiologist to determine need regarding IV/Oral Contrast administration and/or CT Angiography
- No IV Contrast desired by referring physician — reason: \_\_\_\_\_

Area of Exam \_\_\_\_\_

Special Instructions \_\_\_\_\_

**Ultrasound**

Area of Exam \_\_\_\_\_

Special Instructions \_\_\_\_\_

**X-Ray**

Area of Exam \_\_\_\_\_

Special Instructions \_\_\_\_\_

**Image-Guided Spinal Intervention/Biopsy**

Procedure Requested \_\_\_\_\_

Special Instructions \_\_\_\_\_

**Other Procedures** \_\_\_\_\_

Special Instructions \_\_\_\_\_

## ADULT PATIENT INSTRUCTIONS

- If your exam is not listed below, there is no preparation needed.
- If you are pregnant, or could be pregnant, tell the technologist or doctor BEFORE your exam.
- Check with your physician before discontinuing any medication (especially if diabetic).
- **If sedation is required, you must have someone to drive you home (such as a friend or relative). Please do not eat or drink 8 hours prior to your exam.**

### MAGNETIC RESONANCE IMAGING

- MRI Abdomen and/or Pelvis
  - Do not eat or drink 3 hours prior to your exam.
- MRI of Prostate
  - Follow the instructions for the Fleet Enema Kit #1 one hour prior to arriving at the imaging center.

### CT SCAN of head (brain), neck, chest, extremity, or CT Angiogram

- Without Intravenous Contrast
  - No preparation is needed.
- With Intravenous Contrast
  - Encourage fluids starting 24 hours prior to the exam, then take nothing by mouth 4 hours prior to exam.
  - **If the scan is in the morning:** clear liquids only after midnight, then take nothing by mouth 4 hours prior to exam.
  - **If the scan is in the afternoon:** regular breakfast followed by clear liquids for up to 4 hours prior to the exam; then take nothing by mouth 4 hours prior to exam.
  - You may take medications if necessary with small sips of water.

### CT SCAN of abdomen with IV Contrast

- Encourage fluids starting 24 hours prior to the exam, then take nothing by mouth 4 hours prior to exam.
- **If the scan is in the morning:** clear liquids only after midnight, then take nothing by mouth 4 hours prior to exam.
- **If the scan is in the afternoon:** regular breakfast followed by clear liquids for up to 4 hours prior to the exam; then take nothing by mouth 4 hours prior to exam.
- You may take medications if necessary with small sips of water.
- Arrive 60 minutes prior to your scheduled appointment time.

### CT SCAN of pelvis with IV Contrast

- Encourage fluids starting 24 hours prior to the exam, then take nothing by mouth 4 hours prior to exam.
- **If the scan is in the morning:** clear liquids only after midnight, then take nothing by mouth 4 hours prior to exam.
- **If the scan is in the afternoon:** regular breakfast followed by clear liquids for up to 4 hours prior to the exam; then take nothing by mouth 4 hours prior to exam.
- You may take medications if necessary with small sips of water.
- Arrive 60 minutes prior to your scheduled appointment time.

### ULTRASOUND

- Pelvic Ultrasound
  - Eat normally. One hour before your exam, drink 40 oz (5 glasses) of non-carbonated fluids and do not urinate.
- Abdominal Ultrasound
  - Do not eat or drink 8 hours prior to exam. (However, you may take medications with small sips of water).

### IMAGE-GUIDED SPINAL INTERVENTION Call 310.914.7336, extension 120, for instructions.

**11620 Wilshire Boulevard  
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Los Angeles, CA 90025  
310.914.7336**

*Structure parking is available on Barry Avenue.*

**LANDMARK IMAGING**  
MEDICAL GROUP INC