



# LANDMARK IMAGING

S U R G I C A L C E N T E R

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**PLEASE CALL 310.914.7336, EXT. 120 OR FAX 310.914.1826 TO SCHEDULE AN APPOINTMENT.\***

Appointment Date \_\_\_\_\_ Appointment Time \_\_\_\_\_

Patient Name \_\_\_\_\_ Phone # \_\_\_\_\_

Prior corresponding studies at \_\_\_\_\_  
*(Please have patient bring or send us prior studies and reports)*

Report to additional physician(s) \_\_\_\_\_

Clinical History/Diagnosis \_\_\_\_\_

Referring Physician \_\_\_\_\_

Referring Physician Signature \_\_\_\_\_ Date \_\_\_\_\_

Phone # \_\_\_\_\_ Fax # \_\_\_\_\_

## IMAGE-GUIDED PAIN MANAGEMENT PROCEDURE REQUESTED

- Spinal Epidural with Diagnostic Epidurography if Indicated
- Neural Foraminal or Selective Nerve Root Block with Diagnostic Epidurography if Indicated
- Facet Injection
- Discography
- Radiofrequency Facet Neurolysis
- Sympathetic or Stellate Ganglion Block
- Muscle Injection (Piriformis or Scalene)
- Bursal or Joint Injection
- Myelograms
- Percutaneous Discectomy
- Vertebroplasty
- Other

Spinal Level or Joint \_\_\_\_\_

**Special Instructions** \_\_\_\_\_

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\* WHEN SCHEDULING A PROCEDURE, PLEASE INCLUDE SPINAL LEVELS FOR ALL PROCEDURES, THE MOST RECENT MRI REPORT, PATIENT DEMOGRAPHICS AND INSURANCE/WORKERS COMPENSATION INFORMATION, AND MOST RECENT PROGRESS NOTES IF AVAILABLE.

## NOTICE TO PATIENTS HAVING SPINAL INJECTION PROCEDURE OR BIOPSY (EPIDURALS, NERVE BLOCKS, DISCOGRAMS, MYELOGRAMS)

To All Patients:

- It is important to notify the staff if you are taking any of the following medications:
  - Aspirin and aspirin containing compounds such as: baby aspirin, Bayer, Ecotrin, Excedrin, Percodan. **In general, all aspirin products should be discontinued one week prior to your procedure. This is particularly important for cervical epidural injections.**
  - Non-steroidal anti-inflammatory drugs such as Advil, Motrin, Indocin, Aleve, Feldane. **In general, these medications should be discontinued 5 days prior to spinal injection procedures.**
  - Glucophage for diabetes.
- Please take regular pain medication already prescribed except as noted above. It is acceptable to take: Tylenol, Tylenol with Codeine, Vicodin, Lorcet, Oxycontin, Demerol, Dilaudid, Vioxx, Celebrex.
- Do not stop any muscle relaxers that you are taking, such as: Soma, Valium, Ativan.
- Blood thinners, such as Coumadin, Heparin, Warfarin, Plavix and Ticlid must be discontinued seven days prior to your procedure. This should be coordinated in advance with your regular treating physician, or the physician who prescribed the medication.
- Please inform us if you have recently had extensive dental work and/or cleaning.
- Please inform us if you have diabetes.
- Patients are required to have drivers to take them home.
- Procedures cannot be performed if there is any chance that you are pregnant.**
- Please inform staff of any medical allergies, particularly if you are allergic to shellfish or iodine dye.
- Please try to arrive 15 minutes early for your procedure.
- Patients should attempt to verify insurance benefits prior to procedure.

